

2018 Hidden Valley Kids Club Rules and Expectations

General Rules

1. Be ready to practice sportsmanship, teamwork, leadership, athleticism, and positive behavior
2. No gum at anytime
3. Remain within designated areas at all times and notify a counselor before leaving the area
4. Bring your bag with your shirt, bathing suit, towel, **sunscreen**, hat, and other necessary items daily
5. Leave toys, electronics at home
6. Snacks and food are only to be eaten at snack and lunch times
7. Pick up after yourself
8. Respectful language is expected, foul language is not allowed
9. Respect yourself and all others including; club participants, lifeguards, instructors, and counselors
10. All supplies are to be provided by counselors, at no time is a clubber to help themselves to materials

Premise Rules

1. Locker room bathrooms are to be used only when at the pool. Other restrooms are provided at the Kids Club area
2. Campers are not to enter the club, supply rooms, offices, or kitchens at any time unless accompanied by a counselor

Pool Rules

1. Non-swimmers stay in the shallow end or the small pool and are provided with a life jacket
2. No food or drink
3. Campers will change into swimsuits in the locker rooms
4. Campers will wait on the pool deck until counselors have given permission to enter the pool
5. Always walk on the pool deck
6. Only one person at a time on the slide and the next person in line needs to wait at the bottom of the stairs until the swimmer has completely exited the slide area
7. No objects are permitted on the slide, only people
8. No diving, flipping, or tricks are allowed
9. Stay clear of underneath and near the slide area
10. Only go down the slide feet first
11. Noodles are to be used as floating toys only, no slapping them, throwing them, fighting with them, or blowing water from them
12. No horseplay or dunking
13. Notify a lifeguard if someone is struggling to swim
14. When the whistle is blown, all campers are to clear the toys and put them away as well as clearing the pool and then wait for counselors to give directions
15. NEVER play with rescue equipment unless engaged in a lesson
16. Please ask before taking toys out
17. Instructions by lifeguards and counselors must be followed at all times

Parent Signature _____

Child Signature _____

Date _____

Date _____